

## The Blessed Man of Psalms

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### Introduction

1. “This is the day the Lord has made; let us rejoice and be glad in it.” – **Ps. 118:24**
2. The **blessed** man:  $\text{בִּשְׂמֵחַ}$  'ešer;; happiness; only in masculine plural construction as interjection, how happy! : — blessed, happy.  
AV (45) - blessed 27, happy 18;  
  
happiness, blessedness  
often used as interjection  
blessed are
3. The people of God are to be a happy people – **Deut. 33:29; Ps. 144:15**
4. Who is the blessed (happy) man of the Psalms?

### Discussion

#### I. Who walks in the law of the Lord

- A. **Ps. 1** – blessed is the man who does not walk in the counsel of the wicket, nor stand in the path of sinners...
- B. **Ps. 119:1-8** – how blessed are those whose way is blameless, who walk in the law of the Lord...
- C. **Ps. 119: 14-16, 33-36** – I have rejoiced in the way of Your testimonies

#### II. Whose Transgression is Forgiven

- A. **Ps. 32:1-7** – How blessed is he whose transgression is forgiven, whose sin is covered! How blessed is the man to whom the Lord does not impute iniquity...
- B. **Ps. 103:1-14** – “As far as the east is from the west, so far has He removed our transgressions from us”
- C. **Jer. 31:31-34 (Heb. 8:12; 10:11-18)** – remember no more
- D. **Heb. 9:15,22-28** –

#### III. Who Trusts the Lord

- A. **Ps. 34:8** – blessed is the man who takes refuge in Him!
- B. **Ps. 40:4-5** – How blessed is the man who has made the Lord his trust, and has not turned to the proud...
- C. **Ps. 84:12** – how blessed is the man who trusts in You!
- D. **Ps. 146:1-7** - ...How blessed is he whose help is the God of Jacob, whose hope is in the Lord his God...
  - a. God helps those who put their hope in Him
    - i. Moses – **Ex. 18:4**
    - ii. Asa – **2 Chronicles 14:11-13**

#### IV. Who Dwell in the House of the Lord

- A. **Ps. 84:1-4; 10-11** – ...how blessed are those who dwell in Your house! They are ever praising you.
- B. **Ps. 122:1** – “I was glad when they said to me, let us go to the house of the Lord”

#### V. Whose Strength is in the Lord

- A. **Ps. 84:5** - How blessed is the man whose strength is in you, in whose heart are the highways to Zion!
- B. **Ps. 81:1** – Sing for joy to God our strength...
- C. **Ps. 46:1-4** – God is our refuge and strength, a very present help in trouble...

- D. **Ps. 62:5-8** - ...He only is my rock and my salvation...
- E. **Eph. 6:10** – Finally, brethren, be strong in the Lord...

#### **VI. Who Fears the Lord**

- A. **Ps. 112:1** – how blessed is the man who fears the Lord, who greatly delights in His commandments.
- B. **Ps. 128** – how blessed is everyone who fears the Lord...
- C. To fear God – to reverence Him (behold the kindness AND the severity of God – Rom. 11:22)

#### **Conclusion**

1. Blessed (Happy) is the man ...
2. **Ps. 144:15** – “How blessed are the people whose God is the Lord!”